# **Counseling & Support Resources**

Bank Street College has identified three providers to whom we refer students requiring immediate mental health support. Students should be in contact with their program director or department chair for a referral. We will pay for the first session with one of these referrals.

Students may also avail themselves of a diverse array of mental health resources available within the New York City metropolitan area. Below we provide a selection of resources for counseling and mental health services for a range of life challenges, including domestic violence, substance abuse concerns, etc. Please note that Bank Street College does not endorse any particular service or practitioner.

### **Mental Health Services**

### Manhattan

New York Counseling & Guidance 160 West End Avenue, Suite 1N New York, NY 212-362-1086

The Ackerman Institute for the Family 936 Broadway, New York, NY 10010 212-879-4900

### Brooklyn

Brooklyn Center for Psychotherapy 300 Flatbush Avenue Brooklyn, NY 11217 718-622-2000

#### Queens

Long Island Consultation Center 97-29 64th Road Rego Park, Queens, NY 718-896-3400

### **Bronx**

Institute for Family Health 2590 Frisby Avenue Bronx, NY 10461 718-239-1610



### Staten Island

American Institute for Creative Living 2295 Victory Blvd. Staten Island, NY 10314 718-698-0300

## **Specialized Services**

### **Eating Disorder Treatment**

Eating Disorder Resource Center 24 East 12th Street New York, NY 10003 212-989-3987

### **Substance Abuse Treatment**

Hazelden
322 8th Avenue, 12th Floor
New York, NY 10001
212-420-9520
Additional substance abuse treatment centers

### **LGBT**

Institute for Human Identity 160 West 24th Street New York, NY 10023 212-243-2830

### **Grief and Bereavement**

New York Weill Cornell Medical College 445 East 69th Street New York, NY 212 746-5454

### **Domestic Violence Counseling and Shelter**

Safe Horizons 1-800-621-HOPE

### **Center Against Domestic Violence**

25 Chapel Street, Suite 904 Brooklyn, NY 11201 718-254-9134

